

# CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: IKZ

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vandeputte Debby

Coaches: Demeyere Linda

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 34: 200M MEDLEY WOMEN 15+ Heat:10, starttime: 08:59

| Heat: 10/16 Lane : 6 Athlete: SCHACHT HANNE |           |           |           | Q-time: 02:36:87                                          |
|---------------------------------------------|-----------|-----------|-----------|-----------------------------------------------------------|
| PB (50m pool): 02:36.87 Brugge 23/02/2025   |           |           |           | PB (25m pool): 02:31.65 SB: 02:47.94 Antwerpen 08/03/2026 |
|                                             | 5 0 M     | 1 0 0 M   | 1 5 0 M   | 2 0 0 M                                                   |
| PB                                          | 00:35.44  | 01:16.60  | 02:01.28  | 02:36.87                                                  |
|                                             | 00:35.44  | 00:41.16  | 00:44.68  | 00:35.59                                                  |
|                                             | . . . . . | . . . . . | . . . . . | . . . . .                                                 |

Coach feedback:

Event number: 38: 200M BACKSTROKE WOMEN 15+ Heat:4, starttime: 10:40

| Heat: 4/11 Lane : 8 Athlete: SCHACHT HANNE  |           |           |           | Q-time: 02:38:17                                         |
|---------------------------------------------|-----------|-----------|-----------|----------------------------------------------------------|
| PB (50m pool): 02:38.17 Kortrijk 26/12/2025 |           |           |           | PB (25m pool): 02:32.91 SB: 02:38.17 Kortrijk 26/12/2025 |
|                                             | 5 0 M     | 1 0 0 M   | 1 5 0 M   | 2 0 0 M                                                  |
| PB                                          | 00:36.23  | 01:16.05  | 01:57.45  | 02:38.17                                                 |
|                                             | 00:36.23  | 00:39.82  | 00:41.40  | 00:40.72                                                 |
|                                             | . . . . . | . . . . . | . . . . . | . . . . .                                                |

Coach feedback:

Event number: 40: 50M BREASTSTROKE WOMEN 15+ Heat:1, starttime: 11:59

| Heat: 1/12 Lane : 2 Athlete: SCHACHT HANNE |           |  |  | Q-time: 00:38:51                                                    |
|--------------------------------------------|-----------|--|--|---------------------------------------------------------------------|
| PB (50m pool): 00:38.51 Brugge 23/02/2025  |           |  |  | PB (25m pool): 00:37.51 SB: 00:39.65 Lago Kortrijk Weide 03/05/2026 |
|                                            | 5 0 M     |  |  |                                                                     |
| PB                                         | 00:38.51  |  |  |                                                                     |
|                                            | 00:38.51  |  |  |                                                                     |
|                                            | . . . . . |  |  |                                                                     |

Coach feedback: